



## *Spa Services*

The Franklin Hotel offers Spa Services in the privacy and comfort of your guest room or suite. Relax and renew in luxury during your stay.

Our highly trained and licensed massage therapists are available 7 days a week by appointment only. Please call 919.218.3516 to schedule your appointment or contact the Front Desk for assistance.

## *Body Treatments*

Select a treatment from our spa services menu that best suits your needs. It is our goal to create a getaway experience that enhances your stay by renewing your body, mind & spirit.

### **Deep Tissue Massage**

This moderate to deep pressure massage incorporates many techniques, such as myofascial massage and compression. Effective for specific or overall body tension and pain.

### **Swedish Massage**

De-stress with long flowing strokes to ensure deep relaxation, relieve tight muscles and improve over a well-being.

### **Deep Swedish Jet Lag Massage**

A grounding, relaxing massage that includes a combination of a Deep Tissue and Swedish massage, focusing on the area of the body that has accumulated the most stress and tension.

### **Aromatherapy Massage**

Combines the nurturing art of massage with the use of pure essential oils that are incorporated into your massage. Both relaxing and stimulating to the senses.

### **Head, Hands & Feet**

A soothing session applied to those favorite spots! Get extra attention focusing on head, hands & feet. Clients may wear comfortable clothing. 60 minute session.

### **Reflexology**

Both balancing and grounding, this treatment focuses on reflex points on your feet. Aims to improve circulation, revitalize energy levels, ease pain & increase relaxation in the body. Clients may wear comfortable clothing. 60 minute session or combine with massage for 90 minutes.

### **Chair Massage**

Enjoy a 10 minute head, neck & back massage on a break or in-between sessions. Clients are fully clothed and sit comfortably in a seated massage chair. Minimum of 60 minutes.

### **Rates**

**60 minutes: \$110 | 90 minutes: \$150**

*All therapists are NC Licensed Massage and Bodywork Therapists.  
Please allow 24 hours notice to avoid \$50 cancellation fee for confirmed appointments.  
Rates are subject to change.*